**Review Articles
(Word Limit: Generally 500-3,000 words)**

**Description**:Review Articles may be systematic (with or without meta-analysis) or narrative, and must address a specific question or issue relevant to public health. Preferred length is 500-3,000 words.

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Your submission should include a brief cover letter that details:

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**Title**: Insert **title** here.

**Author List and Institutional Affiliations**: Insert the full **author list** here (note: author names should be listed in first name, last name format including relevant degrees). **Include each author’s institutional affiliation(s)** and the email of the corresponding author.

***Example***:

Dr. Bill Bips, PhD, Harvard University

**Corresponding Author Information**: Indicate name, affiliation, and contact information for the corresponding author.

**Keywords**: Include **keywords** for your review article, separated by commas, here (i.e., public health, chronic disease, obesity, etc.) There should be at least two and no more than six key words. Please do not use hashtags (#).

**Abstract** (structured) - word limit 300 words, excluding headings

Purpose of Review

Recent Findings

Summary

**Introduction**

Paste your introduction here.

**Methods\***

Paste your materials and methods section here. If applicable, you may wish to include subheadings.

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**[Sub-sections, title appropriately]**

Paste the sub-sections of your review here.

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Paste your concluding paragraph(s) here.

**References**: Paste your in-text references here, listed in order of works cited. All references must be prepared and submitted in accordance with the [**American Psychological Association (APA) style (7th edition) guidelines**](https://www.apa.org/).

***Examples***:

Bray, G. A., Nielsen, S. J., & Popkin, B. M. (2004). Consumption of high-fructose corn syrup in beverages may play a role in the epidemic of obesity. *The American Journal of Clinical Nutrition*, *79*(4), 537–543.

CDC. (2021, March 19). *Causes and Consequences of Childhood Obesity*. Centers for Disease Control and Prevention. https://www.cdc.gov/obesity/childhood/causes.html

Sadeh, A. (2011). The role and validity of actigraphy in sleep medicine: An update. *Sleep Medicine Reviews*, *15*(4), 259–267. https://doi.org/10.1016/j.smrv.2010.10.001

Sylvetsky, A. C., Jin, Y., Clark, E. J., Welsh, J. A., Rother, K. I., & Talegawkar, S. A. (2017). Consumption of Low-Calorie Sweeteners among Children and Adults in the United States. *Journal of the Academy of Nutrition and Dietetics*, *117*(3), 441-448.e2. https://doi.org/10.1016/j.jand.2016.11.004

**Acknowledgements**: Paste your acknowledgements here (including any funding that the work may have been financially supported by), if applicable.

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Dr. Bob Smith is a professor in the Psychology Department at Harvard University. His research areas include xxxxx and xxxx. He received his formal training at Yale University.