**Electronic Media: Podcast, Video, etc.  
(Must be accompanied by 200-300 word description.)**

**Description**:Electronic Media encompass recordings of interviews, editorials, and so on. It also includes HPHR Author Insight videos from accepted authors. Pieces must be accompanied by a description of 200-300 words. Authors are responsible for obtaining all reprint permissions. Copies of release forms may be requested prior to publishing images and footage of identifiable persons.

**Document Format**: Submissions must be Word documents; number all pages and use Times New Roman font. Do not submit PDFs or use line numbers. Visit HPHR’s online [Submission Preparation Guidelines](http://hphr.org/hphr-submission-preparation) (HPHR.org/hphr-submission-preparation/) for additional details on formatting (font, point sizes, page numbering); language, tables, images and other media, figures, tables, photographs, and style.

**Cover Letter**  
Your submission should include a brief cover letter that details:

* The submission type (i.e., original research article, review article, etc.).
* Article word count (main-text only, excluding References, Figures, Tables, etc. ).
* The edition to which it is being submitted (see below).
* All named authors that have contributed to the submission, and whom grant HPHR permission to review and (if selected) publish their work.
* Indicate the name, address, and email of the corresponding author.
* Disclosure statement (i.e., indicating whether any of the authors have personal, commercial, or financial interests that are relevant to the research and opinions represented in the work submitted to HPHR).
* Attestation that the manuscript is not currently under consideration by another publication and/or has not previously been published elsewhere.
* A brief description of the background and relevance of the manuscript to public health.
* IRB statement, as appropriate (IRB Protocol number or statement of exemption)

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**Designate the edition(s) for which this piece should be considered. If you are not sure, select “Edition – Other”.**

* Edition 34 – Maternal and Child Health
* Edition 35 – Immigration
* Edition 36 – Anniversary of HIV
* Edition 37 – Health Communication and Education
* Edition 39 – Public Health Entrepreneurship & Innovation
* Edition 40 – Food and Nutrition
* Edition 41 – Addiction and Substance Use
* Edition 42 – Human Trafficking
* Edition 43 – Gun Violence
* Edition – Other

**Title**: Insert **title** here.

**Author List and Institutional Affiliations**: Insert the full **author list** here (note: author names should be listed in first name, last name format including relevant degrees). **Include each author’s institutional affiliation(s)** and the email of the corresponding author.

***Example***:

Dr. Blogger Roy, PhD, Harvard University

**Keywords**: Include **keywords** for your article, separated by commas, here (i.e., public health, chronic disease, obesity, etc.) There should be at least two and no more than six key words.

**Description**:Please provide 200-300 word description of the media submission.

**References**: Paste your in-text references here, listed in order of works cited.

***Examples***:

Bray, G. A., Nielsen, S. J., & Popkin, B. M. (2004). Consumption of high-fructose corn syrup in beverages may play a role in the epidemic of obesity. *The American Journal of Clinical Nutrition*, *79*(4), 537–543.

CDC. (2021, March 19). *Causes and Consequences of Childhood Obesity*. Centers for Disease Control and Prevention. https://www.cdc.gov/obesity/childhood/causes.html

Sadeh, A. (2011). The role and validity of actigraphy in sleep medicine: An update. *Sleep Medicine Reviews*, *15*(4), 259–267. https://doi.org/10.1016/j.smrv.2010.10.001

Sylvetsky, A. C., Jin, Y., Clark, E. J., Welsh, J. A., Rother, K. I., & Talegawkar, S. A. (2017). Consumption of Low-Calorie Sweeteners among Children and Adults in the United States. *Journal of the Academy of Nutrition and Dietetics*, *117*(3), 441-448.e2. https://doi.org/10.1016/j.jand.2016.11.004

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**Disclosure Statement**: Paste any disclosures of competing interests/conflicts of interest here. If the authors do not have anything to disclose, please paste the following statement, “The author(s) have no relevant financial disclosures or conflicts of interest”.

**About the Author(s)**: Please include a third-person biography for each author, as follows:   
  
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Dr. Bob Smith is a professor in the Psychology Department at Harvard University. His research areas include xxxxx and xxxx. He received his formal training at Yale University.