**HPHR Information for Authors & Submission Templates**

**About HPHR**

The Harvard Public Health Review (HPHR) is a peer-reviewed public health journal. Our vision is to be recognized as a premier publication that transcends the traditional boundaries of academia to enrich discourse around issues of public health. We are currently indexed in [JSTOR](https://www.jstor.org/journal/harvpublhealrevi).

The mission of the HPHR is to improve health at the local, national, and international levels. To that end, HPHR publishes content grounded in thoughtful evaluation of evidence and research that addresses issues of health equity.

HPHR seeks content that:

* *Spurs thoughtful and substantive discussion of challenging public health issues*
* *Fosters collaboration and diversity across disciplines*
* *Investigates biological, psychosocial, and environmental determinants of health*
* *Impacts program and policy decisions and health practices*
* *Supports work that advances health equity*

The HPHR invites submissions from students and faculty across academic disciplines, as well as from members of the general public that speak to the journal’s mission and vision and elucidate pertinent and timely public health issues within an evidence-based and health equity framework. To ensure a dynamic showcase for contributors’ diverse research interests, talents, and creativity, HPHR seeks a range of materials. The following sections provide detailed information about the submission process.

**Submitting Your Article**

Materials are accepted via <https://app.scholasticahq.com/login>. Please create an account and select the HPHR Journal to upload your submission.

Submissions will generally be reviewed within 12 weeks of submission. Materials submitted in response to special editions will be reviewed in 6-8 weeks.

Information on HPHR submission types is included below. Please contact us via email ([submissions@harvardpublichealthreview.org](mailto:submissions@harvardpublichealthreview.org)) if you have any questions about the submission process.

**HPHR Article Types**

1. **Original Research Articles** describe the results of original research of public health importance. The preferred length of these articles is no more than 3,000 words (excluding References), but longer submissions may be justified. See template on **page 4** of this document for additional details.

2. **Review Articles** may be systematic (with or without meta-analysis) or narrative, and should address a specific question or issue that is relevant to public health. The preferred length of these submission is between 500-3,000 words. See template on **page 5** of this document for additional details.

3. **Research Letters** are brief articles detailing original research in progress. These submissions should not exceed 750 words (excluding References). See template on **page 6** of this document for additional details.

4. **Commentaries/Op-Eds** may address a wide-range of public health issues written from an evidence-based perspective. The preferred length of these submissions is between 500-3,000 words. See template on **page 7** of this document for additional details.

5. **Point-Counterpoint** are solicited special editorials on a specific public health issue from opposing vantage points or responses to previously published HPHR articles. The preferred length of these submissions is between 500-3,000 words.

6. **Atypical Articles** are unique, creative articles (such as research protocols, essays, poems, policy memos, ethical treatises, etc.) related to the field of public health.

7. **Podcasts/Videos/Other Materials** include electronic recordings of interviews or editorials on one or more public health issues. Each of these submissions should be no more than 10 minutes in length and also should include a brief description of no more than 200 words.

**Article Citation Style**

References must be prepared and submitted in accordance with the **American Psychological Association (APA) style guidelines** which are available at <https://apastyle.apa.org>. See **page 8** of this document for additional examples of APA style references.

Authors are highly encouraged to utilize automated citations tools such as [Zotero](https://www.zotero.org/) or [Mendeley](http://www.mendeley.com/), which are free and user friendly open-source reference software management systems.

**Cover Letter**

A cover letter should accompany all submissions to HPHR and include the following information:

* The submission type (i.e., original research article, review article, etc.).
* Article **word count** (main-text only, excluding References).
* Whether the submission should be considered as a general submission or for consideration in a **special edition/volume**.
* All named authors that have contributed to the submission, and whom grant HPHR permission to review and (if selected) publish their work.
* Disclosure statement (i.e., indicating whether any of the authors have personal, commercial, or financial interests that are relevant to the research and opinions represented in the work submitted to HPHR).
* Attestation that the manuscript is not currently under consideration by another publication and/or has not previously been published elsewhere.
* A brief note explaining the background, relevance, and importance of the manuscript to the field of public health
* Indicate the name, address, and email of the corresponding author

**Templates for Article Submissions**

Please utilize the templates provided below to organize your manuscript.

**How to use the template(s)**

Please copy/paste the appropriate manuscript template into a word document, taking care to include all template components and formatting, and then insert the appropriate text from your article into the applicable sub-section of the template.

**Article components**

Include in the main article file a structured abstract (if applicable), text, references, and as applicable, tables and figures. Please include line numbers in your submission.

References cited in the main text should be included under a separate “References” section in your article submission file (directly after the “Conclusion” heading). All references must be prepared and submitted in accordance with the **American Psychological Association (APA) style (7th edition) guidelines**. Examples of the APA citation style are included on **page 8** of this document.

**Tables and figures** should be included at the end of your article submission file after the References. Please adhere to the following guidelines for tables and figures:

* Table titles should be set above each table and legends should be included below. All tables should be numbered consecutively according to the order of citation in the text. The table title should be set in Times New Roman font, 12 point in size, and bold. The text, data, and headings in tables should be in Times New Roman font, 10 point in size, and single-spaced. Table legend/foot notes should be in Times New Roman font, 8 point in size, and single-spaced. Tables should be created using Word (please do not submit them as images).
* Figures should be included on separate pages of the article file with legends placed below each figure (please do not include legend as a component of the image, rather type separately). Figure titles should be set in Times New Roman font, 12 point in size, bold, and single-spaced. Any text within figures should be set in Times New Roman font, 10 point. All figures should be in 300 DPI resolution or higher; numbered consecutively according to the order of citation in the text; given a descriptive title; and credited appropriately where applicable.
* Authors are responsible for securing rights to reproduce previously published tables and/or figures.

**Submitting your article**

Please submit your article file using Microsoft Word (i.e., .doc or .docx file). Materials are accepted via <https://app.scholasticahq.com/login>. Please create an account and select the HPHR Journal to upload your submission. Please number all lines and pages, including the title page.

**Original Research Articles**

Insert **title** here.

Insert the full **author list** here (note: author names should be listed in first name, last name format including relevant degrees).

Paste the **institutional affiliation(s)** of the author(s) here, and the email of the corresponding author.

Paste **keywords** for your article, separated by commas, here (i.e., public health, chronic disease, obesity, etc.) There should be at least two and no more than six key words.

Brief description **about the author(s)** (optional)

**Abstract** (structured) - word limit 300 words, excluding headings

Background

Methods

Results

Conclusion

**Introduction**

Paste your introduction here. If applicable, you may wish to include subheadings.

**Methods**

Paste your materials and methods section here. If applicable, you may wish to include subheadings.

**Results**

Paste your results here. If applicable, you may wish to include subheadings.

**Discussion**

Paste your discussion here. If applicable, you may wish to include subheadings.

**Conclusion**

Paste your concluding paragraph here.

**References**

Paste your in-text references here, listed in order of works cited. See **page 8** of this document for examples of APA style references.

**Acknowledgements**

Paste your acknowledgements here (include funding received to support the research, if applicable).

**Disclosure Statement**

Paste any disclosures of competing interests/conflicts of interest here. If the authors do not have anything to disclose, please paste the following statement “The author(s) have no relevant financial disclosures or conflicts of interest”.

**Figures & Tables**

**Figure 1.** Type figure legend here and paste figure above the legend.

<insert page break here if including additional figures>

**Table 1.** Type table title here and paste table below the title. If including table legend, paste below the table.

<insert page break here if including additional tables>

**Review Articles**

Paste **title** here.

Paste the full **author list** here (note: author names should be listed in first name, last name format).

Paste the **institutional affiliation(s)** of the author(s) here, and the email of the corresponding author.

Paste **keywords** for your article, separated by commas, here (i.e., public health, chronic disease, obesity, etc.) There should be at least two and no more than six key words.

Brief description **about the author(s)** (optional)

**Abstract** (structured) - word limit 300 words, excluding headings

Purpose of Review

Recent Findings

Summary

**Introduction**

Paste your introduction here.

**Methods\***

Paste your materials and methods section here. If applicable, you may wish to include subheadings.

\*Note: a Methods section is only required if review is systematic (with or without meta-analysis), but NOT required if submitting narrative review.

**[Sub-sections, title appropriately]**

Paste the sub-sections of your review here.

**Conclusion**

Paste your concluding paragraph(s) here.

**References**

Paste your in-text references here, listed in order of works cited. See **page 8** of this document for examples of APA style references.

**Acknowledgements**

Paste your acknowledgements here (include funding received to support the work, if applicable)

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**Figures & Tables**

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<insert page break here if including additional figures>

**Table 1.** Type table title here and paste table below the title. If including table legend, paste below the table.

<insert page break here if including additional tables>

**Research Letters**

Paste **title** here.

Paste the full **author list** here (note: author names should be listed in first name, last name format).

Paste the **institutional affiliation(s)** of the author(s) here, and the email of the corresponding author.

Paste **keywords** for your article, separated by commas, here (i.e., public health, chronic disease, obesity, etc.) There should be at least two and no more than six.

Brief description **about the author(s)** (optional)

**Main Text**

Paste the main text of your article here.

**Conclusion**

Paste your concluding paragraph(s) here if applicable.

**References**

Paste your in-text references here, listed in order of works cited. See **page 8** of this document for examples of APA style references.

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**Table 1.** Type table title here and paste table below the title. If including table legend, paste below the table.

<insert page break here if including additional tables>

**Commentaries/Op-Eds**

Paste **title** here.

Paste the full **author list** here (note: author names should be listed in first name, last name format).

Paste the **institutional affiliation(s)** of the author(s) here, and the email of the corresponding author.

Paste **keywords** for your article, separated by commas, here (i.e., public health, chronic disease, obesity, etc.) There should be at least two and no more than six.

Brief description **about the author(s)** (optional)

**Abstract** (unstructured) - word limit 300 words

Paste your abstract paragraph here.

**Main Text**

Paste the main text of your article here.

**Conclusion**

Paste your concluding paragraph(s) here if applicable.

**References**

Paste your in-text references here, listed in order of works cited. See **page 8** of this document for examples of APA style references.

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<insert page break here if including additional figures>

**Table 1.** Type table title here and paste table below the title. If including table legend, paste below the table.

<insert page break here if including additional tables>

**Examples of APA Style References**

Bray, G. A., Nielsen, S. J., & Popkin, B. M. (2004). Consumption of high-fructose corn syrup in beverages may play a role in the epidemic of obesity. *The American Journal of Clinical Nutrition*, *79*(4), 537–543.

CDC. (2021, March 19). *Causes and Consequences of Childhood Obesity*. Centers for Disease Control and Prevention. https://www.cdc.gov/obesity/childhood/causes.html

Sadeh, A. (2011). The role and validity of actigraphy in sleep medicine: An update. *Sleep Medicine Reviews*, *15*(4), 259–267. https://doi.org/10.1016/j.smrv.2010.10.001

Sylvetsky, A. C., Jin, Y., Clark, E. J., Welsh, J. A., Rother, K. I., & Talegawkar, S. A. (2017). Consumption of Low-Calorie Sweeteners among Children and Adults in the United States. *Journal of the Academy of Nutrition and Dietetics*, *117*(3), 441-448.e2. https://doi.org/10.1016/j.jand.2016.11.004